



**BOTTLE & PUMP PREPARATION**

The SimplyThick<sup>®</sup> brand thickener dispenser bottle is designed for simple, quick use in situations that require maximum flexibility in thickening. Simply add the appropriate amount of gel and mix.



**The Thickener Gel that works in all these favorites:**

- Juice
- Water
- Coffee
- Milk
- Soda
- Tea (Hot or Cold)
- Hot Chocolate
- Fortified Drinks
- Ice Cream
- Ice
- Broth
- Soup
- Beer
- Wine

Unopened bottles of SimplyThick brand thickener can be stored for up to twelve months from the manufacturer date. The "Best if Used by Date" is printed on bottle labels in MMDDYY format. If you have a sealed bottle that is beyond this date, it may be a little more difficult to mix into solution but should still function properly. Opened bottles may be stored in the refrigerator or at room temperature.

**step 1**

Used to prepare liquids to all levels.

**Dispense SimplyThick into beverage according to the chart below.**

<p><b>IDDSI Level 1 – Slightly Thick</b> 1 stroke per 6 oz.</p>	<p><b>IDDSI Level 2 – Mildly Thick</b> 1 stroke per 4 oz.</p>
<p><b>IDDSI Level 3 – Moderately Thick</b> 2 strokes per 4 oz.</p>	<p><b>IDDSI Level 4 – Extremely Thick</b> 4 strokes per 4 oz.</p>

**IMPORTANT:** At the end of the day, gently wipe the pump nozzle with an alcohol wipe. This prevents a hard, dried drip from forming. In some drier climates it may be necessary to wipe more than once a day.

**step 2**

**Stir briskly for 30 seconds.**

**step 3**

**Most beverages ready to serve immediately. Some beverages require additional time.**

**Questions? Email us at: [info@simplythick.com](mailto:info@simplythick.com) • Visit us at: [www.simplythick.com](http://www.simplythick.com)**



**USING THE LEFTOVER GEL AT THE BOTTOM OF SIMPLYTHICK DISPENSER BOTTLES**

- Remove the pump.
- Turn bottle upside down into a measuring container.
- Use chart below to prepare another beverage after determining how much leftover gel you have.



Leftover SimplyThick	IDDSI Level 1 – Slightly Thick <i>Add to this amount of a beverage</i>	IDDSI Level 2 – Mildly Thick <i>Add to this amount of a beverage</i>	IDDSI Level 3 – Moderately Thick <i>Add to this amount of a beverage</i>	IDDSI Level 4 – Extremely Thick <i>Add to this amount of a beverage</i>
1 Tbsp. / 15 ml	18 oz.	12 oz.	6 oz.	3 oz.
1/8 cup / 30 ml	36 oz.	24 oz.	12 oz.	6 oz.
1/4 cup / 60 ml	72 oz.	48 oz.	24 oz.	12 oz.
3/8 cup / 90 ml	96 oz.	64 oz.	32 oz.	16 oz.
1/2 cup / 120 ml	144 oz.	96 oz.	48 oz.	24 oz.

Use rounded measurements, not leveled.

This table is approximate and due to the potency of SimplyThick<sup>®</sup> EasyMix<sup>™</sup>, small changes in volume measurements can affect final thickness. Always verify that the thickness is correct before serving.